



NIDUS
Network for Investigation of
Delirium : Unifying Scientists

2024 NIDUS Delirium Boot Camp Wrap-up



2024 NIDUS Delirium Boot Camp mentees and faculty

From Sunday, October 27 to Tuesday, October 29, 2024, a group of 12 mentees from Canada, Ghana, Taiwan, Uganda, and the USA gathered at the University of North Carolina-Chapel Hill's Rizzo Conference Center along with 16 faculty for the 12th annual NIDUS Delirium Boot Camp.

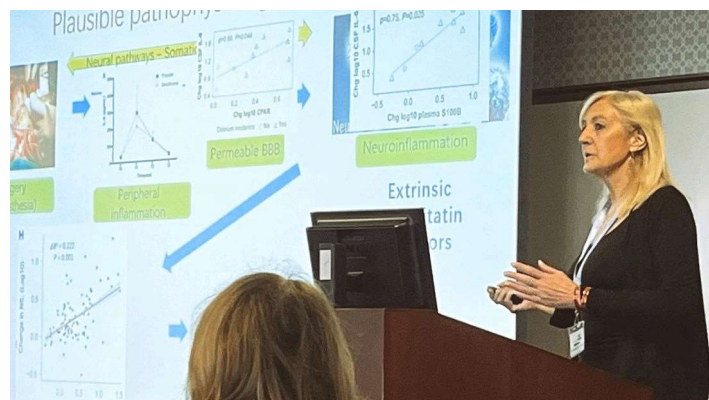
During the three-day event, experienced delirium researchers presented their insights on a variety of topics, led networking sessions, and provided both formal and informal mentoring to this year's mentees. Below are highlights from the 2024 Boot Camp.



The theme for this year's Boot Camp was ***Delirium and ADRD: Research Gaps and Opportunities***. Drs. Jan Busby-Whitehead and John Devlin (Co-Leaders of the NIDUS II Career Development & Outreach Core) kicked off the 12th Annual NIDUS Delirium Boot Camp with a warm welcome.

2024 Boot Camp Keynote Addresses

On Day 1, Tamara Fong MD, PhD (BIDMC/Harvard Medical School) delivered the first Keynote Address, *The inter-relationship between delirium and dementia: shared biomarkers and potential mechanisms*



On Day 2, Lis Evered, PhD (Univ. of Melbourne/Weill Cornell Medical School) kicked the morning off with the second Keynote Address, *Prevention strategies for perioperative*

dementia.

Tim Girard, MD, MSc (University of Pittsburgh Medical Center) presented the third Keynote Address, *Reducing delirium and subsequent ADRD due to critical illness later in the morning on Day 2.*



NIH-Style Mock Study Sessions

Prior to each Boot Camp, mentees are trained to review a fellow mentee's research proposal. Then during Boot Camp, mentees and faculty participate in several NIH-style mock study sessions. In these grant reviewing sessions, a mentee and two faculty discuss their review of each proposal. For many mentees, these sessions are a big highlight of Boot Camp.



Mentees and faculty in the first mock study session.

Other 2024 Boot Camp Sessions

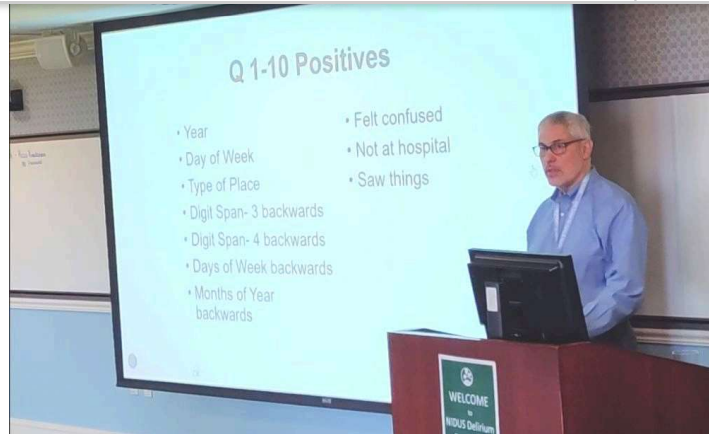
- *Grantsmanship for New and Early-Stage Investigators* - Luci Roberts, PhD, National Institute of Aging
- *Optimizing Translational Delirium Research Methods in the Perioperative Setting* - Miles Berger, MD, PhD, Duke University
- *Standardization of Delirium Assessment in Clinical Studies* - Rich Jones, PhD, Brown University
- *Opportunities for Engagement with the American Delirium Society* - Mark Oldham, MD, University of Rochester Med Center



On Day 1, Nicolò Terrando, PhD, from Duke University presented on *Roles for Animal Models to Inform Clinical Delirium Research*.

- *Responding to Grant/Manuscript Reviews* - Andrew Auerbach, MD, MPH, University of California-San Francisco
- *Methodological Considerations in Mentee Grant Proposals* - Thomas Trivison, PhD, Marcus-Hebrew Senior Life/Harvard
- *Successful Pilot Studies: More than a Smaller Version of a Study* - Nicholas Reed, AuD, Johns Hopkins University
- *Virtual Delirium Assessment* - C. Adrian Austin, MD, MSc, University of North Carolina
- *Qualitative Research Methods*, Kirsten Fiest, PhD, University of Calgary
- *Overview of Quality Improvement Methods*, Casey Olm-Shipman, MD, MS, University of North Carolina Medical Center
- *The NIDUS Pilot Award Program: Stories of Success* - Frederick Sieber, MD, Johns Hopkins University

from Beth Israel Deaconess MC/Harvard University led mentees in a workshop on assessing delirium with the CAM, 3D-CAM, and UB-CAM.



Interested in Attending the 2025 Boot Camp?

Would you like to attend the 2025 NIDUS Delirium Boot Camp? Or do you have a colleague or mentee who could benefit from this training? Visit the [Boot Camp](#) page to learn more. Dates for 2025 will be announced soon.

NIDUS Delirium Boot Camp History

Boot Camp was founded in 2013 through a career development award to Dr. Sharon K. Inouye. With this grant, she established CEDARTREE (the Center for Excellence for Delirium in Aging: Research, Training and Educational Enhancement).

From 2016 to 2020, the Delirium Boot Camp was funded by an NIA Network Grant (R24AG054259, PI Inouye), under leadership of Donna M. Fick, PhD, MSN, and E. Wes Ely, MD, MPH.

Presently, the 2021-2025 Delirium Boot Camp is funded by the NIA (R13185760) and is led by Jan Busby-Whitehead, MD, MPH and John W. Devlin, PharmD.

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We encourage your mentees and colleagues to [join NIDUS](#) for access to the most tools and resources. Or simply sign up to receive our announcements and newsletters.

About NIDUS

NIDUS is a collaborative research network dedicated to spurring innovation and new advances in delirium research through development of new research and measurement resources, training opportunities, pilot funding and dissemination of information. It is funded through an award from the National Institutes of Health/National Institute on Aging (grant no. R33AG071744, PI: Inouye).

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