

## Pilot Awards – Developing a competitive LOI/Submitting a successful application

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Time	Section
02:49	<b><u>Objectives</u></b>
04:32	<b><u>Pilot and Feasibility Studies</u></b> <ul style="list-style-type: none"> <li>• Pilots are subsets of feasibility studies</li> <li>• A feasibility study asks whether something can be done, should we proceed with it, and if so, how.</li> <li>• A pilot study asks the same questions but also has a specific design feature <ul style="list-style-type: none"> <li>○ Has parts of a future study</li> <li>○ Conducted on smaller scale</li> </ul> </li> <li>• Shows conceptual model of these ideas</li> </ul>
06:57	<b><u>Areas of Focus in Feasibility Studies</u></b> <ul style="list-style-type: none"> <li>• Acceptability</li> <li>• Demand</li> <li>• Implementation</li> <li>• Practicality</li> <li>• Adaptation</li> <li>• Integration</li> <li>• Expansion</li> <li>• Preliminary Data</li> <li>• Limited Efficacy</li> </ul>
08:31	<b><u>Key References</u></b> <ul style="list-style-type: none"> <li>• Example: Non-Randomized Pilots</li> <li>• Provides a lot of useful links on the slides</li> <li>• Example: Pilot and feasibility studies for pragmatic trials</li> <li>• CONSORT Extension (check lists when designing trials—items to help you think about the design)</li> </ul>
13:41	<b><u>Using NIDUS Resources to Advance your Research</u></b> <ul style="list-style-type: none"> <li>• Provides useful links to NIDUS website resources</li> </ul>
16:05	<b><u>Goal of NIDUS II Pilot Studies</u></b> <ul style="list-style-type: none"> <li>• Support studies related to delirium that provide key preliminary data, exploratory or proof-of-concept pilot work, feasibility studies, or secondary analyses that define a clear pathway to future large-scale studies and grants</li> </ul>
17:01	<b><u>NIDUS II Priority Areas</u></b> <ul style="list-style-type: none"> <li>• Inter-Relationship of Delirium and ADRD</li> <li>• Measurement of Delirium</li> <li>• Pathophysiology</li> <li>• Clinical Trials—Intervention Development</li> </ul>
17:55	<b><u>Developing a Feasibility/Pilot Study</u></b> <ul style="list-style-type: none"> <li>• Assemble a team (utilize NIDUS Collaboration Communication Site)</li> <li>• Develop a protocol—NIDUS Delirium Bibliography</li> <li>• Data sources—NIDUS Research Hub</li> <li>• Data Collection/Synthesis of data—NIDUS Measurement Core</li> <li>• Develop the pilot—Collaborative Working Group</li> </ul>
18:43	<b><u>Keys to Success</u></b> <ul style="list-style-type: none"> <li>• Don't be overly ambitious in your aims</li> <li>• Do be specific in what you hope to accomplish</li> <li>• Consider the scoring criteria</li> <li>• Be explicit regarding the next steps, including large funding proposal</li> </ul>

	<ul style="list-style-type: none"> <li>• Use figures or infographics creatively</li> <li>• Use simple language and avoid abbreviations</li> <li>• Understand what type of feasibility study you are proposing</li> <li>• Set clear and realistic deliverables for the feasibility study</li> <li>• Do focus on feasibility outcomes</li> <li>• Do use NIDUS II resources</li> <li>• Take full advantage of NIDUS II Methods Consultations</li> <li>• Do demonstrate your commitment to delirium research</li> </ul>
20:24	<p><b><u>Infographic Describing a PCORI Funded Study</u></b></p> <ul style="list-style-type: none"> <li>• Delirium is a key outcome in this study</li> <li>• Feasibility version of this study: enroll about 30 patients for a trial; focus on simple aims (not all those outcomes)</li> </ul>
22:13	<p><b><u>NIDUS II Collaborative Awards</u></b></p> <ul style="list-style-type: none"> <li>• Letters of Intent (LOI)</li> <li>• \$1,000 each for method consultations to refine pilot grant application</li> </ul>
22:48	<p><b><u>Requirements for NIDUS Pilot Proposals</u></b></p> <ul style="list-style-type: none"> <li>• Approved pre-application (LOI) and NIDUS II methods consultation. A NIDUS II Collaborative award is NOT required to apply for a NIDUS II pilot grant</li> <li>• Must complete 4-page brief NIH style proposal</li> <li>• Priority to projects relevant to the NIDUS II priority areas and lay the groundwork for future collaborative grants and papers</li> <li>• Utilize our NIDUS Cores and resources to accomplish the work</li> <li>• Involve 3-6 investigators from multiple disciplines</li> <li>• Preference for projects that involve multiple sites and include junior investigator(s).</li> </ul>
23:23	<p><b><u>Review Criteria for NIDUS Pilot Grants</u></b></p> <ul style="list-style-type: none"> <li>• Scored on NIH review criteria: significance, investigators, innovation, approach, environment</li> <li>• Relevance to aging and delirium research in a priority area</li> <li>• Feasibility/likelihood that the proposed study can be completed within one year</li> <li>• Use of NIDUS Core resources (e.g., measurement/harmonization core, research hub)</li> <li>• Involvement of multiple disciplines</li> <li>• Involvement of a junior investigator</li> <li>• Commitment to diversity, equity, and inclusion</li> <li>• Likelihood that the proposed study will lead to a future large grant proposal and/or major scientific publication that will help to advance delirium treatment</li> </ul>
25:15	<p><b><u>Tammy's Project that was funded as a Pilot Award: Key Areas</u></b></p> <ul style="list-style-type: none"> <li>• Feasibility of assessing delirium severity</li> <li>• Feasibility of determining who has ADRD</li> </ul>
26:06	<p><b><u>Scope</u></b></p> <ul style="list-style-type: none"> <li>• In scope vs. Out of scope for a pilot grant</li> </ul>
27:33	<p><b><u>Refining Methods</u></b></p> <ul style="list-style-type: none"> <li>• Cognitive status → brief cognitive testing</li> <li>• Delirium → Confusion Assessment Method (CAM)</li> <li>• Delirium severity → CAM-Severity (CAM-S) <ul style="list-style-type: none"> <li>○ What to use? Peak CAM-S? Sum of all CAM-S scores? Categorical vs. continuous?</li> </ul> </li> <li>• ADRD status determine by cognitive testing, chart review and expert consensus</li> <li>• 197/352 participants needed chart review by expert clinicians to determine ADRD status</li> </ul>
31:53	<p><b><u>Outcomes</u></b></p> <ul style="list-style-type: none"> <li>• Used peak CAM-S categorically</li> </ul>

	<ul style="list-style-type: none"> <li>○ Delirium incidence: persons with ADRD= 45%; persons without ADRD= 19%</li> <li>• ADRD patients <ul style="list-style-type: none"> <li>○ 24% of cohort</li> <li>○ Higher peak CAM-S scores</li> </ul> </li> </ul>
32:49	<p><b><u>Next Steps (findings that came from the pilot grant)</u></b></p> <ul style="list-style-type: none"> <li>• We need a tool that better assesses delirium severity in ADRD patients (external and local expert panels; DEL-S-AD)</li> <li>• We need to incorporate more ADRD patients into clinical studies</li> </ul>
34:27	<p><b><u>Questions/Comments &amp; Answers</u></b></p>