## NIDUS Delirium Boot Camp 2019

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Details



## **NIDUS Delirium Boot Camp 2019**



The 7<sup>th</sup> annual Delirium Boot Camp was held October 27-29, 2019 at the Penn Stater Hotel in State College, Pennsylvania. Sponsored by the Network for Investigation of Delirium: Unifying Scientists (NIDUS), and funded by Grant R24AG054259 from the National Institute on Aging (PI: SK Inouye), the Boot Camp was designed to provide intensive training in delirium research to a highly selected group of participants. Led by Dr. Donna Fick and Dr. Wes Ely, NIDUS Mentorship and Career Development Task Force Co-Leaders, Boot Camp 2019 attendees participated in a mock grant review session, in-depth training in delirium identification using the Confusion Assessment Method (CAM), and didactic sessions covering a wide range of topics in delirium research.

Attendees included postdoctoral fellows, junior faculty, and Boot Camp alumni, representing seven countries, including Portugal, Japan, and Australia. Many thanks to Donna Fick, Eva Zeisky, and the entire Penn State Nursing team, who welcomed attendees and worked nonstop to make the event a great success!





## **Session Highlights**

- Dr. Sharon Inouye's Keynote Speech, "Delirium: The Next Frontier," provided an overview of delirium research and an inspiring call for future research.
- Dr. Wes Ely's lecture on "New Frontiers in ICU Delirium" described new pathways of delirium research in the ICU, including the A2F bundle.
- Drs. Rich Jones and Tom Travison's didactic session on methodological issues in delirium research used examples from mock grant applications to explore methodological issues in grant proposals and how to resolve them. Issues such as study design and power computations, we discussed in this session.
- Dr. Ed Marcantonio, along with Erica Husser and Priyanka Shretha, led an interactive training session for the CAM. The session included training