



# NIDUS

Network for Investigation of  
Delirium : Unifying Scientists

## CEDARTREE/NIDUS Delirium Boot Camp 2017



The 5<sup>th</sup> annual CEDARTREE/NIDUS Delirium Boot Camp was held in Boston, Massachusetts, November 1-3, 2017. Led by mentor task force faculty and co-chairs, Wes Ely and Donna Fick, the Boot Camp offered mock grant review, in-depth training on the use of the CAM, and many other didactic sessions encompassing diverse topics relevant to delirium research. The twenty participants in attendance represented over nine disciplines and five countries, including but not limited to, Brazil, Canada, and Australia.

### Session Highlights

- Sharon Inouye presented an evidence-based session, "Delirium In Older Persons: An Investigative Journey," leading participants on her research journey in the development of the CAM, identification of risk factors, and creation of HELP. Sharon's lecture concluded with emphasizing that preventing delirium may offer an important opportunity to prevent cognitive decline and dementia.
- Dr. Luci Roberts, NIA Program Officer shared her expertise and tips for early career investigators.
- Dr. Edward Marcantonio and Jacqueline Gallagher, MS, led an interactive training session on use of the CAM and 3D-CAM in a research setting, discussing how to recognize and rate the key features of delirium with these tools.



- Drs. Richard Jones and Thomas Trivison presented, “Methodological and Statistical Issues in Research Proposals.” The session included case studies from real research proposals and “Do’s and Don’ts” for preparing research proposals and was noted as a favorite session by many participants.
- Lectures over the three days included qualitative and mixed methods, biomarkers, neuro-imaging, delirium assessment and others-but the most popular session was the mock review of grants.

### Boot Camp Award Recipients

Participants drafted mock grants for committee written reviews, discussed them in mock review sessions, a methodological challenges session, and a 1:1 lunch mentoring session. At the end of Boot Camp, the committee comprised of junior faculty participants, chaired by Annie Racine and Fah Vasunilashorn, awarded 4 participants for outstanding proposals. Participants received a cash award and a commemorative plaque. For didactic session slides or more information, please visit the [NIDUS website](#).



Left to right: Annie Racine, Fah Vasunilashorn, Michael Reznik, Tanya Mailhot, and Thomas McCoy Jr. Not pictured: Christine Haugen.

- **Michael Reznik, MD, Brown University**, “Novel diagnostic approaches to delirium detection in patients with acute stroke.”
- **Tanya Mailhot, RN, PhD, University of Montreal, Montreal Heart Institute Research Centre**, “Development, Feasibility and Acceptability of a nursing intervention supporting involvement of family caregiver in delirium care among emergency department elderly patients.”
- **Thomas McCoy Jr., MD, Massachusetts General Hospital**, “Development of a computational model of medication list-associated delirium risk.”
- **Christine Haugen, MD, Johns Hopkins University**, “Delirium after kidney transplantation in older adults.”

### Hear From Our Participants!

- “As an early stage investigator, the Boot Camp was an essential step further to develop my career plan as an independent researcher in this field. I was able to broaden my perspective on delirium knowledge and find new possibilities for research.”
  - “I think the grant review process (writing the review, speaking as a primary or secondary reviewer and listening to other reviews) was one of the best achievements of the Boot Camp.”
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- o “The Boot Camp had a great mixture of personalized grant feedback, methodology lectures, and updates on cutting edge research.”



### CEDARTREE/NIDUS Delirium Boot Camp 2018 Applications

Please subscribe to our [email list](#) or follow us on [Twitter](#) to be notified about the 2018 Boot Camp application cycle.

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